

Annual Report April 14 – March 15



Providing support to
survivors of abuse since

1981

Reg charity 1079950

Services Provided by PARCS

Free specialist face to face
counselling and
Psychotherapy

Emotional Telephone Support
Helpline

Group Therapy

Drop In Group

Wellbeing Groups

Outreach and Prevention

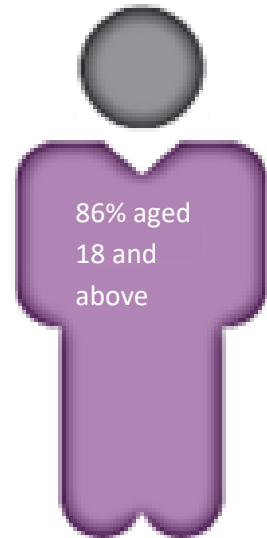
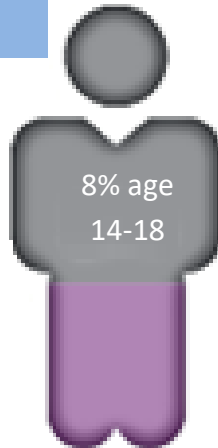
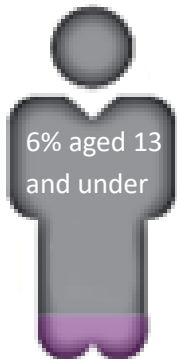
Training and Consultation

Providing support to survivors of
abuse since 1981

561 were referred and/or received a service



Purple Ribbon raised £xxxx towards running costs of PARCS



PARCS Prevention Team worked with xxx young people across xx locations.

393 Client's received face to face counselling

11

Client's received group therapy

11

Hours of group therapy

88 Received Emotional Telephone Support (ETS) and the ETS service provided **504** calls



5366 hours of therapy

Providing support to survivors of abuse since 1981

Of clients who were provided with a service in the last year

| | |
|-------------|--|
| 45% | <i>were addressing Childhood Sexual Abuse</i> |
| 14 % | <i>Historic Adult Sexual Violation (incident/abuse occurred over 1 year ago)</i> |
| 10% | <i>Recent Adult Sexual Violation (incident/abuse occurred with the last year)</i> |
| 20% | <i>Domestic Abuse (45% of these referrals are for Domestic Abuse with sexual violence)</i> |
| 4% | <i>Recent Young Person (11-18 years) Sexual Violation (incident/abuse occurred with the last year)</i> |
| 3% | <i>Historic Young Person (11-18 years) Violation</i> |
| 1% | <i>Parent/Carer or abuse victim</i> |
| 2% | <i>Ongoing Abuse Child (5-10 years) ** this service started in January 2014**</i> |

Providing support to survivors of abuse since 1981

Evaluating the Therapy

PARCS assesses the effectiveness of therapy using CORE (Clinical Outcomes in Routine Evaluation). The average starting score of 69 falls within the moderate to severe level on the clinical range. The clinical cut off point where a person is considered 'healthy' or 'low level' is a score of 34. PARCS end score is 24

69

- Average CORE score at the onset of therapy

24

- Average CORE score at the end of therapy

Providing support to survivors of abuse since 1981

Slowly I can see a light, yet I
believe without the support of
PARCS my life would have
ended

I am 19.
PARCS
saved my
life. Thank
you

Slowly I can see a light, yet I
believe without the support of
PARCS my life would have
ended

Providing support to survivors of
abuse since 1981